



Wildcat Sessions



Prepare yourself for High School Lacrosse!

Who: Rising 7th, 8th and 9th Graders

What: 2 days of demonstrations, drills and games designed to teach you the skills, strategies and attitude needed to excel in high school lacrosse. These are the same drills that are run at Varsity HS practices!

When: Saturday, December 19th – Sunday, December 20th
Saturday: 10:00AM – 4:00PM
Sunday: 10:00AM – 4:00PM

Where: Galileo High School Turf Field -1150 Francisco Street, SF, 94109

Cost: \$150

Staff: Directed by Scott Brittain, Saint Ignatius Varsity Coach and Warren Pringle, Urban High School Head Coach

Our staff includes:

- former local high school All-Americans
- current and former NCAA Division 1 players

The Wildcat Sessions staff is committed to working with all players to help them make an immediate impact for their grammar school or high school program. We are very proud of Northern California lacrosse and want to see the next generation of players succeed.

Please reserve your spot by emailing the coaching staff at wildcatsessions@gmail.com. Registration forms and liability waivers will be sent out as emails are received. Thanks!